



Enriching and Connecting Interactions with People with Dementia in LTCF

Jolien Allart, Elise Cornelis (PhD)









# Ye



Participatory observations and semi-structured indept interviews

OCTOBER '24 – JANUARY '25

### HCD-Phase 2: Ideation

GPS-Brainstorm and co-creation

sessions

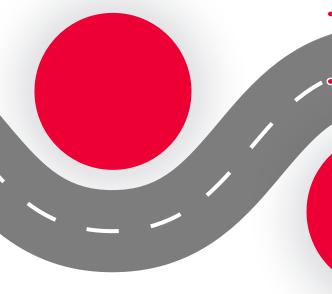
**FEBRUARY '25 - MAY '25** 

#### **HCD-Phase 3:**

Testing/implementation

Testing in 7 nursing homes

**JUNE '25 – AUGUST '25** 



### **Advisory panel 1**

People with dementia and their caregivers

**DECEMBER '24** 



People with dementia and their caregivers

MARCH '25

### HCD-Phase 4: Evaluation

Focusgroup
SEPTEMBER '25 – OCTOBER '25



### **HCD-Phase 1: Inspiration**



Early shift, n=6 Late shift, n=5 Day shift, n=3 Night shift, n=2



Age (M)

42,7yrs (range 34 – 61)

Work experience (M)

18,2yrs (range 5 – 41)

**Experience dementia (M)** 

16,4yrs (range 4 – 32)



**HC assistant,** n=6

Nurse, n=5

**CSM**, n=2

**LSM**, n=1

**RGC,** n=2



Age (M)

44,3yrs (range 22 – 64)

Work experience (M)

19,4yrs (range 1 – 41)

**Experience dementia (M)** 

10,7yrs (range 1 – 32)

### **IN-DEPT INTERVIEWS** (n=27, 26h, 30min)

**HC assistant,** n=6 Nurse, n=7 **OT,** n=2

Physio, n=3

**CSM,** n=2

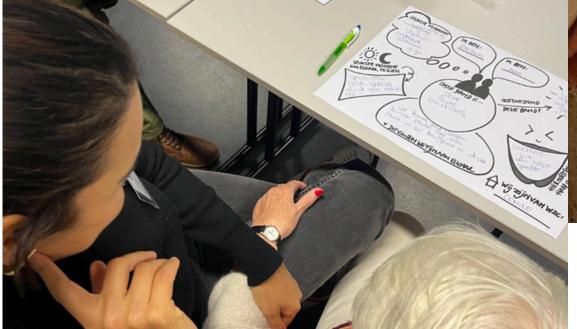
**LSM**, n=3

**RGC**, n=3



# Advisory panel 1









## Results 1: Requirements



S	Samen in het nu	Together in the now	"It is a continuous process of
L	Liefdevol	Loving	finding the right <b>key</b> , discussing, and above all, sharing
E	Echtheid	Authenticity	experiences."
U	Unieke afstemming	Unique attunement	"The <b>key</b> depends on the situation: what does he need at this moment?
т	Traag maar gestaag	Slow but steady	A hug, for example, a kind word, care,
E	Er zijn	Being present	or a shower. Every situation is different."
L	Luisteren	Listening	"For me, it was important to quickly build a good relationship with the
			people here; that is the <b>key</b> ."



### Results 2: Influencing Factors

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**Body expression** 

Use of time

Points of connection

Use of voice

Adaptability

**Group dynamics** 

Internal Locus of Control

**Tenderness** 

Humor

**Environmental sounds** 

**Engaging in a joint activity** 



# Advisory Panel 2



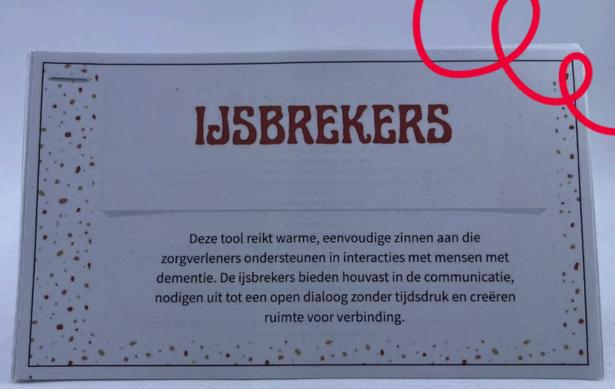














### **HCD-Phase 3: Testing/Implementation**

#### **Living Labs**

- Conducted in 7 nursing homes
- 10 healthcare professionals actively involved
- Total reach: 70 healthcare professionals
- Duration: +/- 3 months

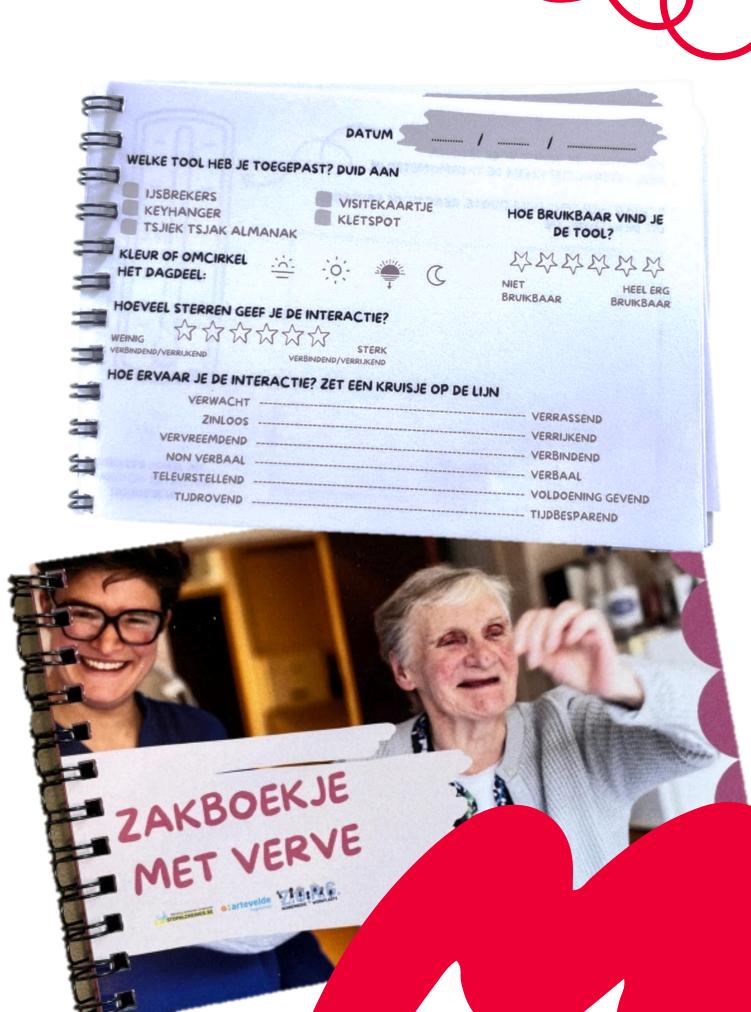
#### **Evaluation Method**

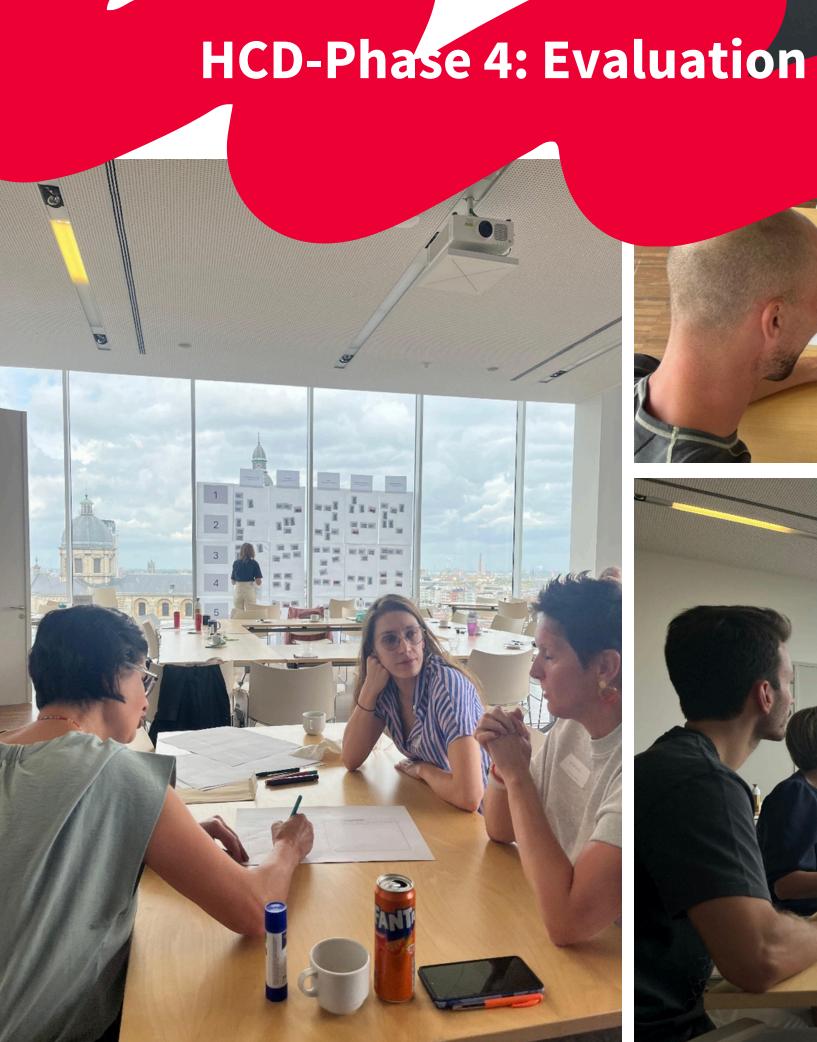
Continuous evaluation conducted via logbook registrations

















- Discussed experiences with the tools
- Attributes Rogers'
   Diffusion of Innovations
- SWOT for each tool

# Data analysis of the logbooks

- Strength of interactions
- Usability
- Outcomes





Real interactions start when we **step out from behind the caregiver role** — and meet as people, in authentic and natural situations

Person-centered care thrives on equality and reciprocity between caregiver and person with dementia — it's about being with, not just doing for

 Do we need to move beyond person-centered care towards relationcentered care?

The tools don't take more time; they **create space for real**, **spontaneous interactions** — and empower **natural initiative** from persons with dementia.



"Every interaction with a person with dementia is an opportunity to connect on a deep human level, beyond the confines of cognitive impairments."

Gail Weatherill

Thank you!



#### **Elise Cornelis (PhD)**

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